Emily Northwood
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**A. Summary**
I am a highly trained specialty cook looking to build upon my education and work experience to lead a kitchen in the area of my specialty: Asian cooking. I have experience in cooking food from various Asian cultures including Thailand, Japan, Korea, China, and Vietnam. I focus on creating quality dishes for customers to satisfy their desire for great Asian cooking. I work well as a member of teams although I am proficient in creating dishes from start to finish. I have extensive experience with selecting quality fresh and raw ingredients from local fish and farmers markets.

**B. Working Experience**

**Cook’s Helper, June 2015 – November 2016 - Asian Market - Charlotte, North Carolina**

**Responsibilities:**

* Assist in food preparation;
* Purchase fresh and raw ingredients from local fish and farmers markets;
* Clean up after food preparation;

**Achievements:**

* Increased customer reviews for freshness of restaurant;
* Introduced Korean food onto the menu;
* Employee of the Year;

**Cook, November 2016 – Present – Asian Fusion – Greenville, South Carolina**

**Responsibilities:**

* Develop skills in creating menu items that combined foods from various Asian cultures;
* Create suburb menu items individually, assist with customer relations and team management;

**Achievements:**

* Helped restaurant be featured on the Food Network;
* Promoted to lead team manager, increased customer relations;

**C. Education and Academic Training**
Culinary Institute of America at Greystone – St. Helena, California – 2015
Associate Degree in Culinary Arts
Dean's List 2012-2015
Graduated with Honors

**D. Job Related Skills**

* Experience with cooking food from Thailand, Japan, China, Korea, and Vietnam;
* Experience with selecting fresh and raw ingredients;
* Able to use all cooking tools necessary including grills, specialty knives, and
fryers;
* Able to take customer feedback and understand the needs of each customer
individually;

**E. General Skills**

* Bilingual: Japanese and English;
* Solid work ethic;
* Ability to work independently if needed;
* Great communication and teamwork;
* Able to create new menu items if needed;