**Laborer Resume Sample 1**

**Lila West**  
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**A. Summary**

Hard-working and energized laborer with seven years of experience handling a broad range of manual labor responsibilities. Recent experience includes packing, transportation, digging, and forklift driving. Driven by desire to carry out instructions, both written and verbal, perfectly. Able to work both independently and as part of a team. Current objective is to obtain a laborer position within the construction industry that will allow me to utilize a wide variety of my current skills.

**B. Working Experience**

**January/2012 - September/2017 - Lang Construction Warehouse - Denver, Colorado**

**Responsibilities:**

* Used forklift to transport materials throughout warehouse
* Used computer to keep track of inventory
* Carried and loaded materials for transport
* Checked materials for damage
* Read and followed work orders, in order to adequately complete daily tasks
* Cleaned work area, and kept it free of debris

**Achievements:**

* Introduced new routes for transport, and had ideas approved by management
* Was able to fix a minor repair on the forklift, and saved the warehouse a potentially expensive repair

**March/2010 - January/2010 - Daniels Construction - Denver, Colorado**

**Responsibilities:**

* Cleaned materials using power washers at least once a day
* Helped company construct new homes
* Installed windows, doors, and side walls
* Implemented procedures to eliminate the amount of waste produced by site
* Utilized electrical saws, and gained familiarity with drills

**Achievements:**

* Completed course in OSHA safety compliance
* Trained new team members in how to correctly assemble scaffolding

**C. Education and Academic Training**

High School Diploma, George Washington High School, Denver, Colorado, 2009

**D. Job Related Skills**

* Driver's license with zero points on record
* Forklift driving
* Ability to handle power tools
* Experience with saws, construction, and welding
* Previously poured drywall
* Pouring cement, cutting wood, and drilling nails

**E. General Skills**

* Able to work in a variety of weather environments
* Capable of working in confined spaces
* Demonstrated ability to work as part of a team
* Proven skills as a leader