

# Direct Care Worker Cover Letter Sample 1

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**Lauren Mattea**

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**Mr. Paul Brooks**

Human Resource Director

**Allen Assisted Living**

144 Chester Street, Bismark, North Dakota 36985

Dear Mr. Brooks,

For the past five years, I have been working as a direct care worker in local nursing homes in the Bismark area. Due to that experience, I was thrilled to discover that your assisted living facility has a job opening for second shift direct care workers. In addition to my past hands-on experience, I also have certifications in both CPR and Basic Life Support (BSL).

Presently, I prepare meals for residents and make sure that those meals line up with the dietary requirements that each patient has specified in their medical chart. I also help clients with their eating and bathing requirements. Many of the clients stay in our facility long-term and have a need for my assistance with keeping a hygienic environment in their rooms. Additionally, I help transport residents from their rooms to the recreational center, to their showers, and to the dining hall as needed.

I have been selected as the favorite direct care worker by the residents for the past two years. Another achievement that I am very proud of is my ability to initiate a recreational program for the residents. Many of the residents complained that "there was not enough to do" and that they were bored. I initiated a program that allowed them to play games, socialize, and interact with local interns from the community college social work program.

My skills include the ability to assist people of many different backgrounds and mobility requirements. I am also skilled in providing patient care and in staying calm during an emergency. My job has allowed me to truly develop my communication skills, including the ability to write and talk in a clear and concise manner. Perhaps the greatest skill that I have is my ability to remain compassionate and demonstrate empathy for the residents under my care.

Many of the attributes that make an amazing direct care worker can only be found in workers who have a significant history in the field. As my attached resume demonstrates, I have both the experience and education to truly serve the residents of your facility. If you would like to discuss my abilities in greater detail, please don't hesitate to contact me via phone or email. I thank you for your consideration of my application.

Sincerely,  
Lauren Mattea